## **Emergency Survival Kit**

Government institutions will respond to the disasters of the community, but citizens could be on their own for hours, even days, after any disaster.

## HAVE

- Enough dry or canned food and drinking water for three days for each person
- Can opener
- First aid supplies and first aid manual
- Copies of important documents (birth certificates, licenses, insurance policies, etc.)
- "Special" items required by members of the family such as: medications, formula for the baby, glasses, contact lenses, hearing aids, etc.
- A change of clothes
- Sleeping bags or blankets
- Radio or television with batteries
- Flashlight and extra batteries
- Whistle
- Waterproof matches
- Toys, books, games, puzzles
- Extra house and vehicle keys
- Name of contact persons and their telephone numbers

Additional items you can store at home for use during an emergency

## **Cooking supplies:**

- Camp stove and or portable barbeque
- Fuel for cooking, such as charcoal or camp stove fuel
- Plastic knives, forks, spoons
- Paper plates and cups
- Paper towels
- Heavy-duty aluminum foil

## Sanitation supplies:

- Large plastic trash bags for trash and or water protection used as garment
- Large trash cans • Bar soap and liquid detergent
- Shampoo
- Toothpaste and toothbrushes
- Feminine and infant supplies
- Toilet paper
- Household bleach with no additives, and eyedropper (for purifying drinking water)
- Newspaper to wrap garbage and waste

## **Comfort:**

- Sturdy shoes • Gloves for clearing debris
- Tent

## **Tools:**

- Ax, shovel, broom
  - Crescent wrench for turning off gas • Screwdriver, pliers, hammer
  - Coil of one-half inch rope
  - Plastic tape and sheeting
  - Knife or razor blades
  - Garden hose for siphoning and fire fighting

## For more information visit:

- Your local Emergency Management Office www.co.chelan.wa.us/sheriff/pages/emergencymanagement
- Facebook:
- **ChelanCountyEmergencyManagement**
- Twitter: twitter.com/ChelanCountyEM
- FEMA: www.community.fema.gov
- Ready.Gov: www.ready.gov/publications
- FloodSmart: www.floodsmart.gov/floodsmart
- American Red Cross: www.RedCross.org



Communities throughout the Pacific Northwest are subjected to many types of disasters. While we hope that such occurrences never happen, it has been shown time and time again that being prepared for disasters is prudent.

- Make a Plan
- Build Kits
- Get Connected
- Become Involved

Experts tell us to plan to be on our own for a minimum of fourteen days. Take the time to evaluate your locations, the needs of your family, and gather supplies that are necessary to survive for a longer period of time.



**Chelan County Sheriff's Office Emergency Management** 206-A Easy St, Wenatchee, WA 98801 www.co.chelan.wa.us/sheriff/pages/emergency-management (509) 667-6863



What's

Next?



















# Pesticide Protection

## **Carbon Monoxide**



### • Know all your evacuation routes

- Carry disaster kits
- Notify everyone and leave a note, or (out-of-area contact card)
- Listen to your radio and stay



	WHY Local phone systems may be shut down in a disaster. Name (print):
2	Phone number (with area code):
185263	Cell phone number (with area code):
- 1874992	TiP: You may be able to text message all your loved ones on your cell phone. Keep these messages short.
-	

- Stay out of areas where pesticides are being applied.
- Wear clothes that cover your skin.
- Wash with soap and water: before you eat, drink, chew gum, smoke or use tobacco; or use the toilet.

• Wash your body/hair after work; wash clothing often.

- A poisonous gas that cannot be seen or smelled and can kill a person in minutes.
- Signs: headache, weakness, dizziness, confusion, fatigue, nausea.
- Only use a generator outdoors, far away from windows/doors.
- Never cook inside or try to heat you home with a gas or charcoal grill/hibachi.

## Windstorms



## Hot Weather Relative Temperature Work in the shade! 70% - 37.8°C Danger Drink plenty of water! 60% - 35°C Caution Take regular breaks! 50% - 32.2°C 40% - 29.4°C 30% - 26.7°C Rest, rehydrate and recover!



## Stay away from windows and falling objects

- If you are outside, go indoors
- Stay away from downed power lines
- Do not heat or cook inside your home with grills or hibachis.
- Use generators correctly

- Stay indoors, as much as possible.
- Drink plenty of fluids, keep a few bottles of water in your freezer.
- Eat more frequently, light & well-balanced meals.
- Neave leave a person/pet inside a closed, parked vehicle.
- Check frequently on elderly, ill, or those who may need extra help.
- Stay inside; close all windows and doors.
- Listen to the radio for instructions.
- Turn off ventilation systems (heating/airconditioning, fireplace dampers).
- Go into your safe room (seal windows, vents, doors).
- Stay until told by authorities to come out.